



Advanced Studies Program Application

Name _____
Address _____
City / State / Zip _____
Day Phone _____
Evening Phone _____
E-mail address _____

Please type your responses to the following questions. Please send your completed form, responses to questions, current yoga teacher's letter of recommendation, along with an application fee of \$20 to:

Portland Yoga Arts
Attn: Advanced Studies Program
4400 NE Glisan
Portland, OR 97213.

Please describe your yoga background. What styles have you studied and for how long?

Please describe your current home practice. How frequently do you currently practice and for what duration do you practice? What poses or intentions are you focusing upon in your home practice?

What motivates you to commit to the teacher training program?

Have you taught yoga previously, professionally or casually?

